SHOULD A CADASIL PATIENT TAKE ASPIRIN? Yes, There is no scientific evidence that aspirin plays a preventive role in CADASIL, however, based on what is currently known in stroke patients, we usually recommend this treatment if there is non contra-indication and the occurrence of a first ischemic event. The tough decision is deciding what to do when patients have TIA’s and strokes despite treatment with aspirin. Because of the risk of hemorrhage and lack of evidence, blood thinners such as warfarin and clot busters like TPA are not recommended.

HOW MUCH ASPIRIN SHOULD BE TAKEN? The dose of aspirin most currently evaluated in therapeutic trials is between 75 mg to 325mg. Asymptomatic CADASIL patient should have a low dosage of aspirin and a patient with a history of TIA’s or stroke could be given a higher dose of aspirin per day. It is recommended to take coated aspirin.

From the CADASIL Medical Advisory Committee 2010